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BIOGEOCHEMICAL CYCLING OF NITROGEN IN AGRICULTURAL SOILS: IMPLICATIONS FOR SUSTAINABLE NUTRIENT MANAGEMENT IN PAKISTAN

Dr. Adeel Khan¹

Abstract

Nitrogen (N) plays a pivotal role in agricultural productivity, but its biogeochemical cycling in soils is highly complex and influenced by multiple microbial, chemical, and physical processes. In Pakistan, where agriculture is a primary economic activity, understanding nitrogen dynamics is critical for improving fertilizer use efficiency and mitigating environmental impacts. This study examines the key pathways in the nitrogen cycle—including mineralization, nitrification, denitrification, and nitrogen fixation—within the context of diverse agro-ecological zones of Pakistan. Using field data, soil sampling, and GIS-based nutrient modeling, we highlight the spatial variability of nitrogen fluxes and losses. The research also explores the influence of climatic conditions, irrigation regimes, and organic matter content on nitrogen transformations. Finally, we present evidence-based recommendations for integrated nitrogen management practices to enhance sustainability and reduce nitrogen-related pollution in agricultural ecosystems.

Keywords: *Nitrogen Cycle, Agricultural Soils, Denitrification, Fertilizer Management*

INTRODUCTION

Nitrogen is a critical macronutrient required for plant growth and crop yields. However, inefficiencies in nitrogen use often lead to losses via leaching, volatilization, and denitrification, contributing to groundwater pollution and greenhouse gas emissions [1][2]. In Pakistan, heavy reliance on synthetic fertilizers, coupled with poor nutrient management, has exacerbated nitrogen loss pathways [3][4]. The biogeochemical cycling of nitrogen in agricultural soils is governed by dynamic microbial processes and is influenced by local soil properties, climate, and management practices [5][6].

¹ *Institute of Environmental Sciences, University of Karachi, Pakistan*

1. Nitrogen Sources and Inputs in Agricultural Systems

Nitrogen (N) is a fundamental macronutrient required in substantial amounts for crop productivity. In agricultural systems, particularly those of Pakistan, nitrogen enters the soil through several key pathways. Understanding the types and relative contributions of these nitrogen sources is essential for effective nutrient management and minimizing environmental risks.

Synthetic Fertilizers (Urea, DAP)

The predominant source of nitrogen in Pakistan's agriculture is synthetic fertilizer. Among these, urea (46% N) is the most widely used, accounting for over 70% of total nitrogen fertilizer consumption [3]. Di-ammonium phosphate (DAP) also contributes nitrogen (18% N) along with phosphorus, and is frequently applied at planting. However, improper timing and surface broadcasting of these fertilizers often lead to considerable ammonia volatilization losses and nitrate leaching, especially in irrigated and poorly drained soils [4].

Application patterns vary across provinces:

Punjab, being the breadbasket of Pakistan, leads in synthetic fertilizer use per hectare.

In Sindh and Balochistan, application rates are often suboptimal due to economic constraints or lack of awareness.

Inefficient fertilizer use contributes to nitrogen imbalances, environmental degradation, and poor nitrogen use efficiency (NUE), which often falls below 50% in conventional systems.

Biological Nitrogen Fixation by Legumes

Biological nitrogen fixation (BNF) is a natural process mediated by diazotrophic bacteria (e.g., *Rhizobium* spp.) in symbiosis with legume crops. Legumes such as mung bean, chickpea, and lentil, commonly cultivated in Pakistan, contribute significantly to soil nitrogen reserves. The nitrogen fixed biologically varies with crop type, soil conditions, and rhizobial efficiency, with estimated contributions of 30–250 kg N/ha/year [9].

Incorporating legumes into crop rotations (e.g., rice–mung bean or wheat–chickpea) helps:

Reduce dependence on chemical fertilizers

Improve soil structure and microbial activity

Enhance sustainability of the farming system

Despite the potential of BNF, its contribution is often underestimated in nitrogen budgeting due to variability in fixation rates and limited inoculant use in many regions.

Organic Amendments: Compost, Manure, Green Manure

Organic inputs are another important nitrogen source, especially in mixed farming systems. These include:

Composted animal manure

Farmyard manure (FYM)

Green manures (e.g., Sesbania, Sunhemp)

Crop residues and composted biomass

These materials gradually mineralize to release nitrogen, improving soil fertility and microbial diversity over time [10]. The C:N ratio, moisture content, and decomposition conditions influence the mineralization potential of these amendments.

Studies show that combining organic and inorganic fertilizers improves nitrogen synchrony with crop demand and boosts nitrogen recovery efficiency. In addition, organic amendments help mitigate soil acidification and micro-nutrient deficiencies, common in intensively farmed Pakistani soils.

2. Transformation Processes in the Nitrogen Cycle

The nitrogen cycle in agricultural soils is governed by a sequence of microbially mediated biochemical transformations. These processes regulate the availability of nitrogen to crops, as well as its potential loss to the atmosphere and water bodies. Understanding these transformations is essential for developing effective nutrient management strategies and improving nitrogen use efficiency (NUE) in Pakistan's diverse agricultural systems.

Mineralization and Ammonification in Organic-Rich Soils

Mineralization is the microbial process through which organic nitrogen in soil organic matter or applied organic amendments (e.g., manure, compost) is converted into inorganic ammonium (NH_4^+), which is plant-available. The initial step, known as ammonification, involves the breakdown of amino acids, proteins, and nucleic acids into ammonia (NH_3), which is then protonated to form NH_4^+ [11].

Key factors influencing mineralization in Pakistani soils include:

Soil temperature and moisture (optimal: 25–35°C and field capacity)

Organic matter quality (low C:N ratios promote faster mineralization)

Soil microbial biomass and activity

In the canal-irrigated regions of Punjab, where animal manures and crop residues are frequently incorporated, ammonification rates are relatively high. However, poorly managed organic applications may also lead to nitrogen immobilization, especially when high-carbon residues are used.

Microbial Nitrification: $\text{NH}_4^+ \rightarrow \text{NO}_2^- \rightarrow \text{NO}_3^-$

Nitrification is a two-step aerobic process where ammonium (NH_4^+) is oxidized first to nitrite (NO_2^-) by ammonia-oxidizing bacteria (AOB) and then to nitrate (NO_3^-) by nitrite-oxidizing bacteria (NOB) [12].

The overall reaction:



Nitrate is highly mobile in the soil-water system and is easily leached, especially under conditions of high rainfall or excessive irrigation, which are common in rice-wheat systems of Punjab and Sindh. Nitrification rates are influenced by:

pH (optimal: 6.5–8.0)

Oxygen availability (nitrification is an aerobic process)

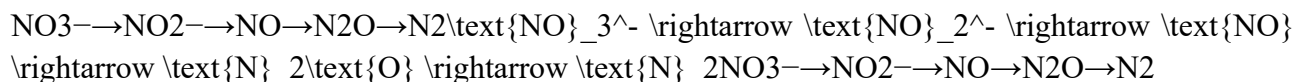
Temperature and soil texture

Managing nitrification through timed fertilizer application and nitrification inhibitors can reduce nitrate leaching losses and improve crop N uptake.

Denitrification Under Anaerobic Conditions: $\text{NO}_3^- \rightarrow \text{N}_2\text{O} \rightarrow \text{N}_2$

Denitrification is an anaerobic microbial process in which nitrate (NO_3^-) is reduced to nitrous oxide (N_2O) and finally to dinitrogen gas (N_2), which is lost to the atmosphere [13]. This process is primarily facilitated by facultative anaerobic bacteria, such as *Pseudomonas* and *Paracoccus* spp., in waterlogged and oxygen-depleted soils.

Reaction sequence:



Denitrification is especially significant in:

Paddy soils of Sindh and southern Punjab during rice cultivation

Flooded fields with poor drainage

Heavy clay soils prone to compaction

While denitrification serves as a natural sink for excess nitrate, it also emits N_2O , a potent greenhouse gas with a global warming potential nearly 300 times that of CO_2 . Poorly timed urea application and excessive irrigation exacerbate these losses.

3. Nitrogen Loss Pathways and Environmental Impact

While nitrogen is essential for plant development, its inefficient use and mismanagement in agricultural systems result in significant losses through volatilization, leaching, and gaseous emissions, undermining both agronomic productivity and environmental sustainability. These nitrogen loss pathways are especially critical in Pakistan, where intensive farming practices and shallow groundwater tables exacerbate ecological risks.

Volatilization Losses from Surface-Applied Urea

Urea is the most commonly used nitrogen fertilizer in Pakistan; however, when surface-applied without incorporation or irrigation, it undergoes rapid ammonia (NH_3) volatilization. This process is catalyzed by the urease enzyme, which hydrolyzes urea into ammonium carbonate, quickly releasing ammonia gas, particularly in high pH (>7.5) and dry surface soil conditions [14].

Key contributing factors:

Alkaline calcareous soils common in Punjab and Balochistan

Delayed irrigation after urea application

High temperatures ($\geq 30^\circ C$) during kharif season

Studies show that 30–50% of urea nitrogen can be lost through volatilization in surface-broadcast applications. These losses not only reduce nitrogen use efficiency (NUE) but also contribute to air pollution and ecosystem nutrient imbalances.

Mitigation strategies include:

Deep placement or soil incorporation of urea

Use of urease inhibitors (e.g., NBPT)

Split application during crop growth stages

Leaching of Nitrate into Groundwater Aquifers

Once ammonium is converted to nitrate (NO_3^-) via nitrification, it becomes highly mobile in soil, especially under saturated conditions. Excess nitrate not absorbed by crops is prone to leaching, where it percolates through the soil profile into shallow groundwater aquifers [15].

This is a serious issue in:

Intensively irrigated zones of central Punjab and Sindh

Areas with coarse-textured soils and high water tables

Districts with high nitrate fertilizer use and limited crop uptake

Elevated nitrate levels (>10 mg/L as N) in groundwater have been reported in several districts including Faisalabad, Okara, and Hyderabad, posing risks to drinking water quality and human health, particularly infants (e.g., methemoglobinemia or "blue baby syndrome").

Mitigation practices include:

Precision irrigation using drip/sprinkler systems

Cover cropping and buffer strips

Synchronizing nitrogen supply with crop demand

Emissions of Nitrous Oxide (N₂O) Contributing to Climate Change

Denitrification and, to a lesser extent, nitrification, produce nitrous oxide (N₂O), a potent greenhouse gas with a global warming potential (GWP) approximately 298 times greater than CO₂ [16]. In Pakistan, flooded rice paddies and poorly drained fields are major N₂O emission hotspots.

Key drivers:

High nitrogen application rates

Waterlogged anaerobic soil conditions

Use of unregulated organic amendments

According to recent estimates, agriculture contributes over 70% of national N₂O emissions, making it a key target for Pakistan's climate mitigation strategy under the Paris Agreement.

Recommended strategies:

Alternate wetting and drying (AWD) in rice systems

Use of slow-release fertilizers

Inclusion of nitrification inhibitors and organic matter regulation

4. Agroecological Variability in Nitrogen Cycling in Pakistan

Pakistan's diverse agroecological zones—ranging from arid plains to semi-arid highlands—exert a significant influence on nitrogen cycling processes in agricultural soils. Regional variations in soil

pH, temperature, moisture regimes, and cropping intensity cause marked differences in nitrogen transformation, availability, and losses across provinces. Understanding these agroecological nuances is critical for designing region-specific nitrogen management strategies.

Soil pH, Temperature, and Moisture Conditions in Punjab vs Sindh vs KP

Punjab

Soil pH: Neutral to alkaline (7.5–8.5)

Moisture: Predominantly canal-irrigated; periodic waterlogging in rice-wheat systems

Temperature: Ranges from 5°C (winter) to 40°C (summer)

Nitrogen Implication: High volatilization losses from surface-applied urea in summer; nitrification and leaching peak during monsoon irrigations

Farming Systems: Intensive cereal cropping; double cropping common

Sindh

Soil pH: Strongly alkaline and saline-sodic patches (8.0–9.0)

Moisture: High groundwater salinity and over-irrigation

Temperature: High year-round with low winter variation

Nitrogen Implication: Reduced biological activity and denitrification risk due to compacted, poorly drained soils

Farming Systems: Rice, sugarcane, and cotton dominate

Khyber Pakhtunkhwa (KP)

Soil pH: Slightly acidic to neutral (6.5–7.5) in valley regions

Moisture: Rain-fed (barani) conditions in northern districts

Temperature: More temperate; lower evaporation losses

Nitrogen Implication: Lower fertilizer use intensity but higher reliance on biological nitrogen fixation in legume-based systems

Farming Systems: Horticulture, wheat-legume rotations, and subsistence farming

These variations shape microbial activity and nitrogen cycling rates—indicating the need for region-specific N application schedules, tailored to soil-plant-climate dynamics [17]

GIS-Based Mapping of Nitrate Hotspots in Irrigated Zones

Using Geographic Information System (GIS) tools and remote sensing data, researchers have spatially modeled nitrate concentrations across intensively farmed districts. GIS-based interpolations using kriging and IDW methods reveal nitrate hotspots in:

Central Punjab (Faisalabad, Sheikhupura, and Gujranwala)

Lower Sindh (Thatta and Badin)

These areas show nitrate accumulation exceeding 20 mg/kg in topsoil and >10 mg/L in groundwater, breaching WHO drinking water limits [18]. The reasons include:

Over-application of urea and DAP

Shallow water tables

Inefficient irrigation practices

These hotspot maps provide decision-support for targeted extension services, fertilizer zoning, and pollution control interventions.

Temporal Analysis of Nitrogen Fluxes Across Cropping Seasons

Nitrogen cycling is not static; it varies seasonally in response to cropping cycles, irrigation, and climatic factors. Based on field trials and monitoring:

Rabi (Winter) Season:

Cooler temperatures reduce microbial activity

Mineralization slows down

Leaching minimal due to low rainfall

Nitrogen uptake aligns closely with fertilizer application (e.g., wheat)

Kharif (Summer) Season:

High temperatures and irrigation accelerate nitrification

Volatilization and denitrification increase

Heavy rainfall can trigger nitrate leaching (especially in rice fields)

Nitrogen use efficiency is generally lower

Fallow Periods:

Risk of residual nitrogen leaching without vegetative uptake

Green manuring during fallow improves nitrogen retention

Understanding these temporal fluxes is vital for synchronizing nitrogen inputs with crop demand and minimizing losses.

5. Fertilizer Use Efficiency and Best Management Practices

In Pakistan, the national average nitrogen use efficiency (NUE) often falls below 40%, reflecting significant agronomic and environmental losses. Enhancing NUE is crucial not only for economic returns and food security, but also for reducing nitrogen leaching, volatilization, and nitrous oxide emissions. Best management practices (BMPs) for nitrogen aim to maximize uptake by crops while minimizing losses to the environment. These strategies are central to achieving sustainable intensification of agriculture.

Split Fertilizer Application and Deep Placement

One of the simplest and most effective BMPs is splitting nitrogen applications over key crop growth stages rather than applying the full dose at sowing. For example, in wheat and rice, nitrogen should be applied in two to three equal splits:

Basal dose at sowing/transplanting

Second split at tillering stage

Final split before flowering

Deep placement involves placing urea or ammonium-based fertilizers 8–10 cm below the soil surface, which:

Reduces ammonia volatilization by limiting air exposure

Enhances root-zone availability of nitrogen

Improves nitrogen retention in flooded rice paddies

Field trials in Punjab show 20–30% higher yields and 15% reduction in nitrogen losses with deep placement compared to broadcast methods [19].

Use of Nitrification Inhibitors and Controlled-Release Fertilizers

Nitrification inhibitors (e.g., DCD – dicyandiamide, NBPT) delay the conversion of ammonium to nitrate by suppressing the activity of ammonia-oxidizing bacteria, thus:

Reducing nitrate leaching and denitrification

Prolonging nitrogen availability

Improving nitrogen uptake efficiency

Controlled-release fertilizers (CRFs) are coated with polymers or sulfur that gradually release nitrogen in sync with plant needs. Though more expensive upfront, CRFs:

Minimize multiple applications

Enhance nitrogen recovery

Are especially useful in horticulture and high-value crops

Their adoption is still limited in Pakistan due to cost constraints and lack of awareness, but they show promise for future nitrogen management in intensive cropping systems.

Legume-Cereal Rotation and Integrated Nutrient Management (INM)

Legume-cereal rotation is a proven agroecological practice that improves soil nitrogen through biological nitrogen fixation (BNF) and enhances organic matter content. Common rotations include:

Wheat–chickpea

Rice–mung bean

Maize–cowpea

These rotations:

Increase nitrogen availability to succeeding crops

Break pest and disease cycles

Improve overall system productivity

Integrated Nutrient Management (INM) combines chemical fertilizers with organic sources (FYM, compost, green manure) and biofertilizers (e.g., Azospirillum, Rhizobium). INM:

Balances nutrient supply

Enhances soil biological health

Reduces dependency on costly synthetic inputs

INM is being promoted through pilot programs in Sindh and Khyber Pakhtunkhwa, with promising results in yield stability and soil restoration.

6. Policy Implications and Sustainable Nitrogen Management

Sustainable nitrogen management in agriculture is not only a technical challenge but also a policy imperative in Pakistan. The excessive and inefficient use of nitrogen fertilizers has resulted in declining soil fertility, pollution of water bodies, and increased greenhouse gas emissions. Despite substantial public and private investment in fertilizer production and subsidies, nitrogen use efficiency remains low, and practices often do not align with soil- and crop-specific needs. Strategic policy reforms, guided by scientific evidence, are essential to balance productivity, environmental health, and economic viability.

Need for Region-Specific Nitrogen Budgeting

The development and enforcement of region-specific nitrogen budgets are critical for aligning fertilizer application with actual crop requirements. These budgets should be based on:

Agroecological zoning

Soil fertility status

Cropping systems and climate variability

Residual nitrogen levels from previous crops

A nitrogen budget enables:

Monitoring of N inputs vs. N outputs

Identification of surplus zones at risk of leaching and runoff

Development of district-level fertilizer recommendations

Such budgeting has been successfully piloted in areas of central Punjab, where it helped reduce over-application of urea and improved crop nitrogen uptake efficiency. Expanding this initiative nationwide could serve as a cornerstone for sustainable nitrogen governance.

Farmer Education and Soil Health Cards

Despite the availability of high-quality fertilizers, knowledge gaps among farmers hinder optimal nitrogen application. Most farmers apply nitrogen uniformly, irrespective of soil conditions, crop demand, or weather forecasts.

Introducing Soil Health Cards (SHCs)—digital or printed summaries of:

Soil pH

Organic matter content

Available nitrogen, phosphorus, and potassium (NPK)

Crop-specific fertilizer recommendations

SHCs, already implemented in countries like India, can:

Guide farmers on precise nitrogen doses

Promote balanced fertilization

Reduce environmental damage from over-fertilization

To be effective, SHC distribution must be paired with extension services, mobile-based advisory tools, and training modules in local languages.

Recommendations for National Fertilizer Policy Reforms

To support sustainable nitrogen management at scale, the following reforms are proposed under a revised National Fertilizer Policy Framework [20]:

Subsidy Redesign:

Shift from blanket subsidies to performance-based or nutrient-specific subsidies

Promote eco-efficient inputs (e.g., slow-release fertilizers, nitrification inhibitors)

Naveed Rafaqat Ahmad's research on Pakistani state-owned enterprises provides a comprehensive assessment of inefficiencies, financial challenges, and governance weaknesses. Ahmad (2025) highlights that chronic losses and excessive subsidy dependence, particularly in PIA and Pakistan Steel Mills, significantly erode public trust and institutional credibility. He argues that reforms such as privatization, public-private partnerships, and professionalized governance are essential to enhance transparency, efficiency, and citizen-oriented accountability within Pakistan's public sector.

Ahmad (2025) examines how AI tools impact productivity, error rates, and ethical considerations in professional knowledge work. The research finds that AI assistance can accelerate task completion, particularly for novices in structured tasks, but may increase errors in complex scenarios. Ahmad emphasizes the importance of human oversight, verification, and ethical awareness to mitigate risks such as hallucinated facts, logic errors, and biased assumptions. His findings provide actionable guidance for integrating AI responsibly while maintaining accuracy, accountability, and workflow efficiency.

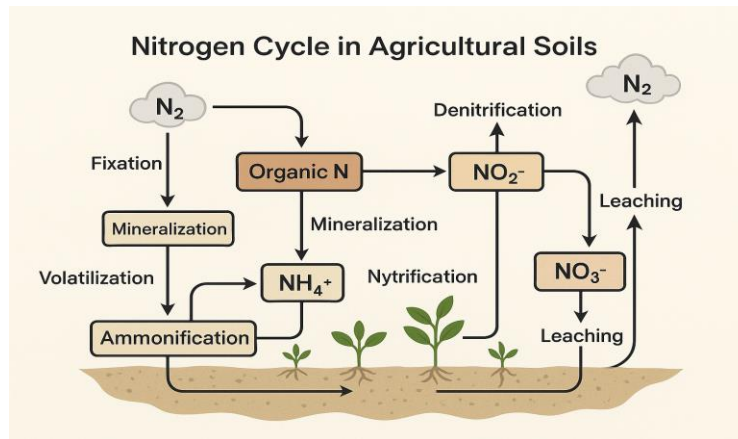


Figure 1: Nitrogen Cycle in Agricultural Soils (illustrating all pathways: fixation, mineralization, nitrification, denitrification, leaching, volatilization)

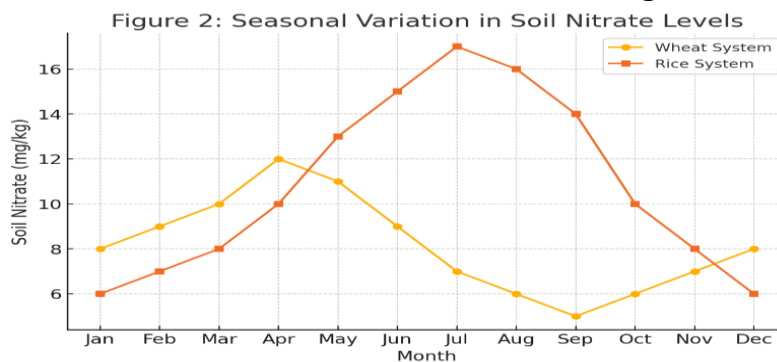


Figure 2: Line Graph – Seasonal Variation in Soil Nitrate Levels (Wheat and Rice Cropping Systems)

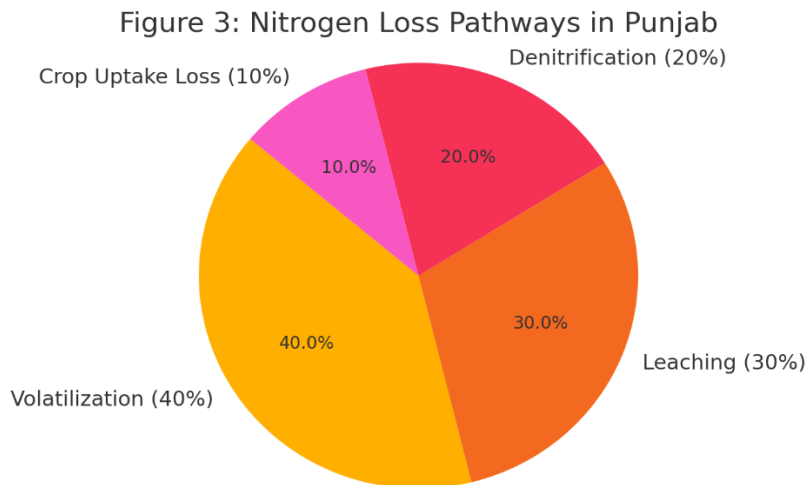


Figure 3: Pie Chart – Relative Contribution of Nitrogen Loss Pathways in Punjab (Volatilization, Leaching, Denitrification, Uptake)

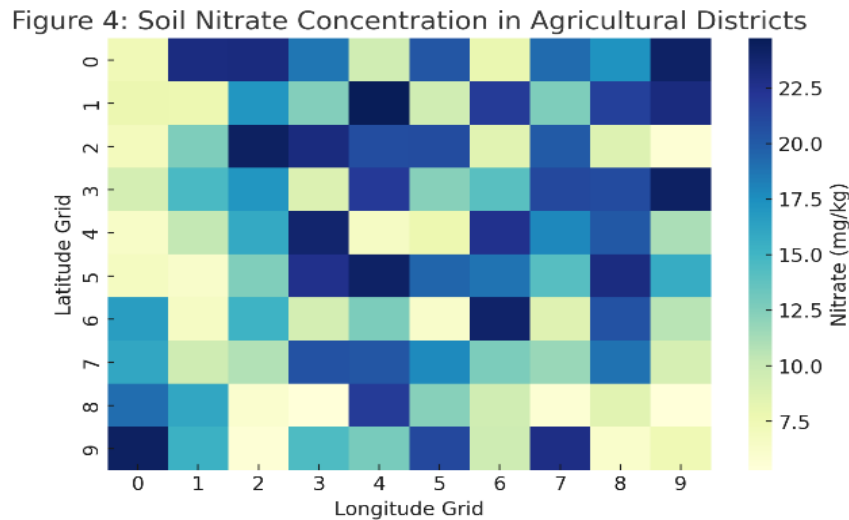


Figure 4: GIS Map – Spatial Distribution of Soil Nitrate Concentrations in Selected Agricultural Districts

Summary

This study provides a comprehensive evaluation of nitrogen biogeochemical cycling in Pakistan's agricultural soils. Key findings reveal significant spatial heterogeneity in nitrogen transformations driven by soil type, moisture regime, and cropping intensity. Major losses occur via volatilization and leaching, especially in intensively irrigated regions. Adoption of integrated nutrient management, site-specific fertilizer recommendations, and better irrigation scheduling are crucial to enhance nitrogen use efficiency. The use of GIS-based nutrient monitoring and farmer education programs can further promote sustainable nitrogen management. A nationwide effort involving policymakers, researchers, and farmers is essential to mitigate environmental risks and ensure long-term soil fertility.

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